



# Jack Dash 7 Miler and 5K

Lynchburg, TN

October 24, 2015 7:30AM

[www.jack-dash.com](http://www.jack-dash.com)

Registration also available online at [www.reg2run.com](http://www.reg2run.com)

Last Name

First Name

Middle Initial

E-mail Address

Age On Race Day

Street Address

City

State

Zip Code

Daytime Phone Number

Evening Phone

## 2015 Registration Prices and Deadlines

Postmarked by October 10: \$25

Late Registration: \$30

Event:  7 Mile Run (12 minutes/mile or faster)

5K Run/Walk

Pay amount by check or money order to:

A Matter of Timing

126 Hilltop Lane

Wartrace, TN 37183

Gender:  Male

Female

Shirt Size:  S  M  L  XL  XXL

T-shirts guaranteed to those whose registrations received by 10/10.

### THIS IS A LEGAL DOCUMENT. PLEASE READ CAREFULLY BEFORE SIGNING

I understand that participating in this event is physically strenuous, potentially hazardous, and that I should not enter and participate unless I am medically able to do so and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, before or after the event or while I am on the premises of any and all sponsor's sites or the event itself. I also am aware of and assume all risks associated with participating in this event, including but not limited to festivities that occur before and after the event, consuming food and/or beverages before, during and after the event, falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, specifically including Jack Daniels, its parent and their respective officers, directors, employees and agents, promoters, Active.com and each of their agents, representatives, successors and assigns, and all other persons associated with the event (including all vendors- food, medical personnel, etc), for all liabilities, claims, actions, or damages (including attorneys fees and court costs) that I may have against them arising out of or in any way connected with my participation in this event or activities on or around any sponsor's site following the event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

In consideration for accepting my entry, I, for myself, my heirs, executors and administrator, waive and release forever any and all rights and claims for damages I may have against the Tennessee Department of Environment and Conservation, Mach Tenn Running Club, A Matter of Timing, and any and all participating sponsors, specifically including Jack Daniels, its parent and their respective officers, directors, employees, agents and supporters. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damage, or death sustained as a result of my traveling to and from and my participation in said race or during activities that may take place before or after the race on any sponsor's site. I attest and verify that I am physically fit, having consulted with my personal physician, and have sufficiently trained for the competition of the event. I hereby grant the Tennessee Department of Environment and Conservation and all sponsors, specifically including Jack Daniels and its parent, permission to use my name, photograph and likeness in any broadcast, telecast, or media account of the event and pre and post race activities. In filing out this form, I acknowledge I have read and fully understand the terms of this agreement.

Signature of Applicant

Date

Emergency Contact

Phone Number

Parent/Guardian Signature for all participants under 18 years of age

Date